

COVID-19 Mild Illness

Symptoms

- Fever is the most common symptom (44%-98% of the time)
- Dry Cough (46%-82% of the time)
- Malaise and Fatigue
- No Shortness of breath or Hypoxia
- O₂ > 94% on Roomair

Risk Factors

- Age > 55
- Pre-existing Pulmonary Disease
- CKD
- DM Type 2
- History of Cardiovascular Disease
- History of Transplant or other immunosuppression
- All patients with HIV

Without Risk Factors

Supportive care with very close monitoring and consider treating with Fevipirivar
*Please see moderate/severe illness protocol if patient condition deteriorates

Supportive Care:

- Healthy diet and daily exercise to improve immunity
- Deep Breathing exercises
- Self proning while sleeping (sleep on stomach to improve oxygenation)

Supportive Care at Home
- No labs/cxr needed